

Reduce your energy use?

Things you can do at no cost

WEAR
ANOTHER
LAYER

USE YOUR
FAST/ECO
APPLIANCE
SETTINGS

FIX THOSE
DRAUGHTS

USE A SLOW
COOKER

FLEX YOUR
THERMOSTAT
SETTINGS
16-18-19-21

RUG-UP TO
WATCH TV

BLOCK A
DISUSED
CHIMNEY
(AN OLD PILLOW IN A
BLACK SACK WILL DO
THE JOB)

TAKE
SHORTER
SHOWERS

HAND WASH
THE DISHES

CHECK YOUR
SMART
METER
DISPLAY

Before turning down the heating, check what's acceptable for the elderly, infirm or vulnerable

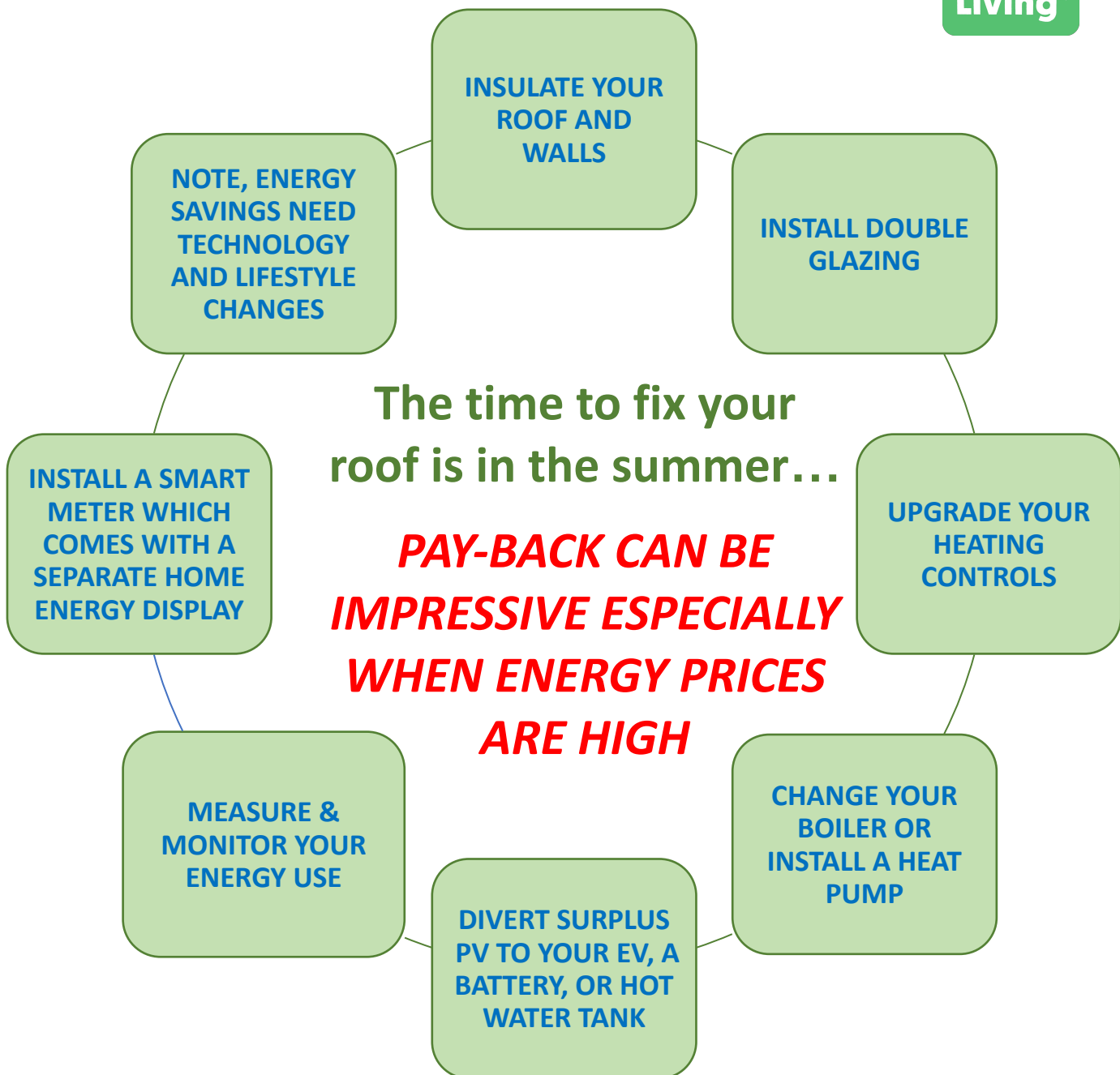
Flex your heating thermostat through the day :
16 if out, 18 when you're busy, 21 when you're still, but never 22!

**Things you can
do at moderate
costs
CHECK THESE
IDEAS**



Before turning down the heating, check what's acceptable for the elderly, infirm or vulnerable

Flex your heating thermostat through the day :
16 if out, 18 when you're busy, 21 when you're still, but never 22!



Before turning down the heating, check what's acceptable for the elderly, infirm or vulnerable

CONTACT YOUR SUPPLIER AND TELL THEM

ASK YOUR SUPPLIER ABOUT A PLAN FOR MAKING REDUCED PAYMENTS

IF YOU SIMPLY STOP PAYING you may lose protections, damage your credit rating, or even be disconnected

A SMART METER DISPLAY IS FREE AND WILL SHOW YOU YOUR ACTUAL COSTS

SEEK ADVICE INCLUDING ENERGY BUDGETING, see the list below

CONSIDER ASKING FOR A PREPAYMENT METER BUT CHECK THE PROS AND CONS OF THIS

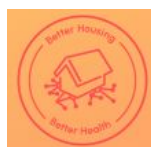
What if you
can't pay your
energy bills?

**SOME
SUGGESTIONS**

HELPFUL SOURCES OF INDEPENDENT ADVICE:



National
Energy Action



Better Housing,
Better Health

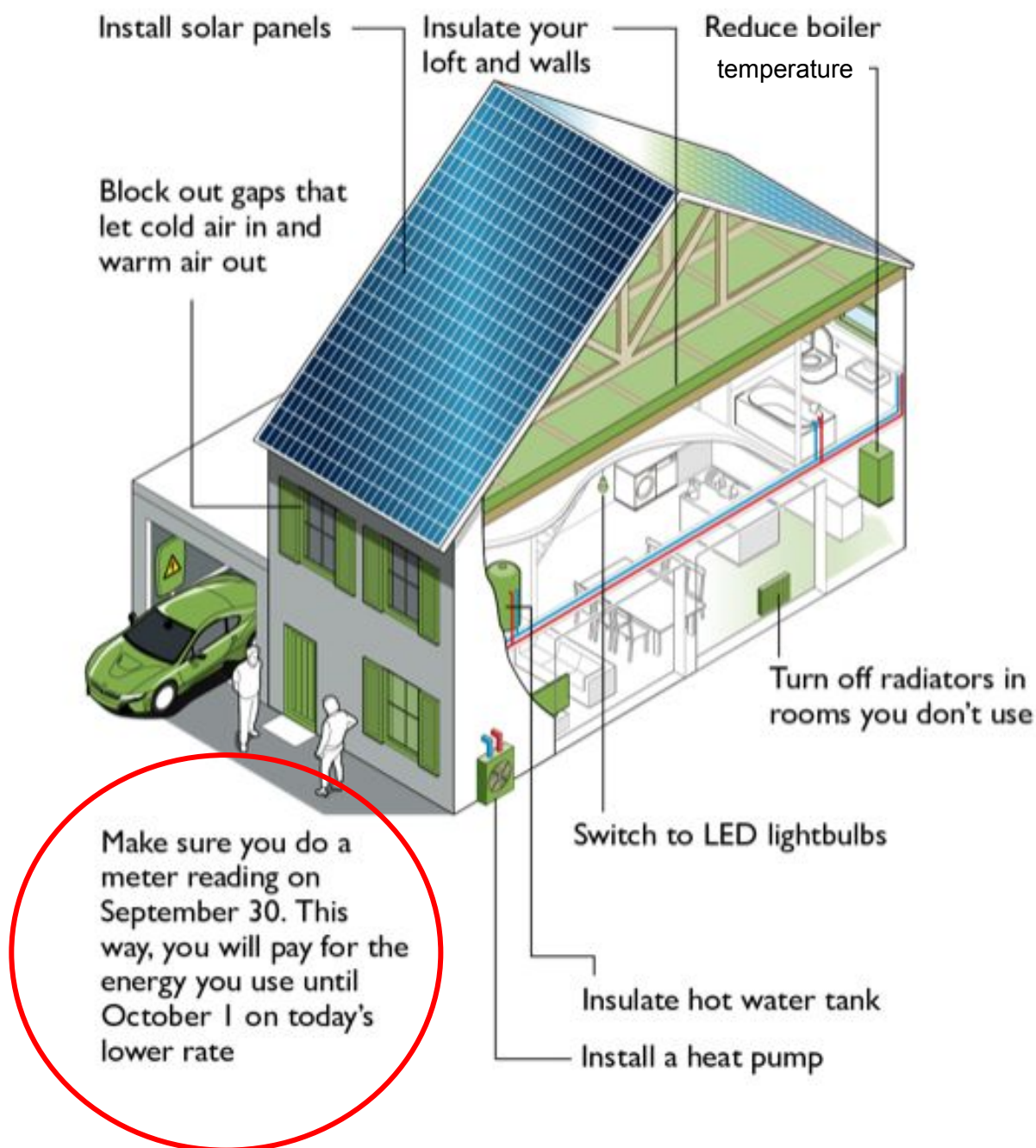


Energy Saving
Trust



Citizens Advice

How to save on energy bills

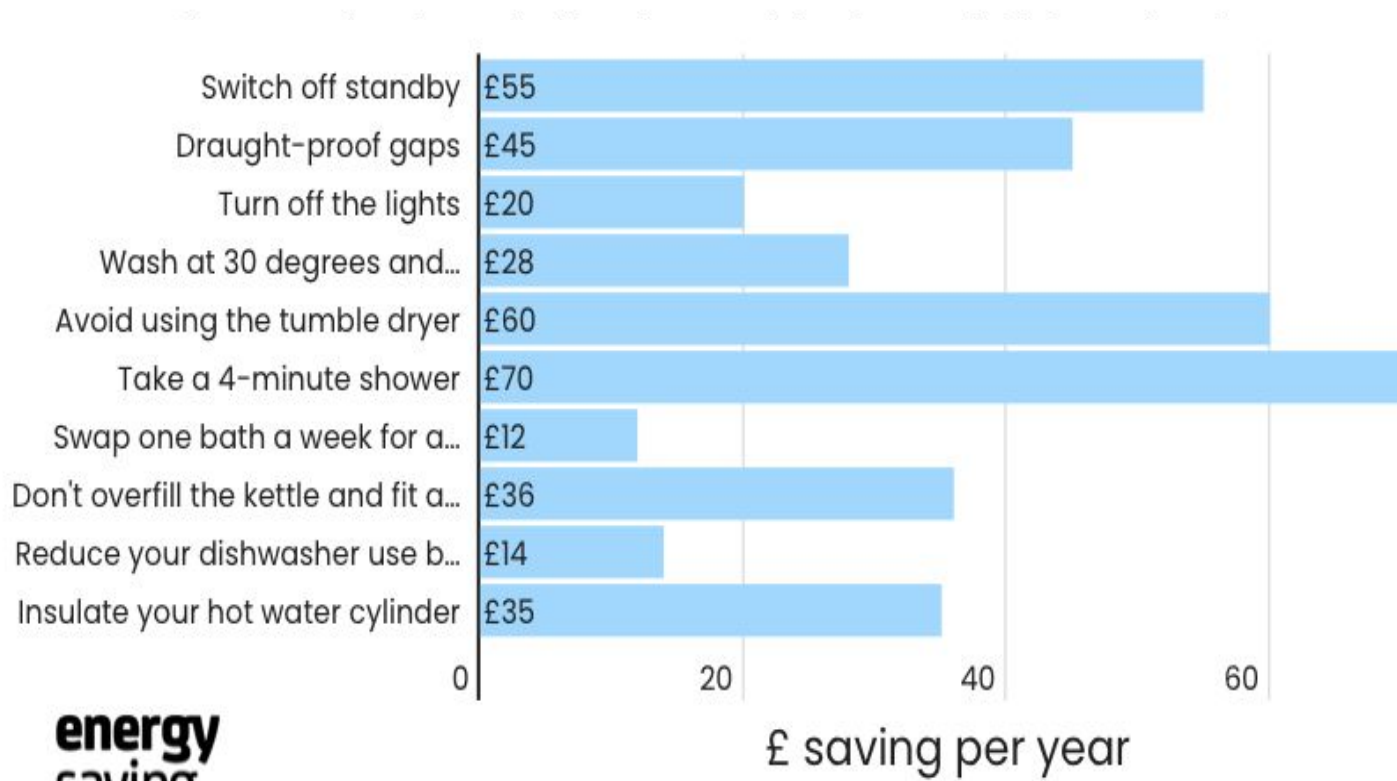


Do this at end-September if you're NOT on a smart meter

Before turning down the heating, check what's acceptable for the elderly, infirm or vulnerable

<https://www.thetimes.co.uk/article/50cbf02c-250d-11ed-bb7e-0eb11fc7ccd4?shareToken=610ae0aa1128c90201c38c0664189b>

How much could you save?



energy
saving
trust

- Turning down the thermostat by 1 degree Celsius – £105.
- Turning appliances off rather than leaving them on standby – £55.
- Ensuring lights are switched off when leaving the room – £20.
- Not overfilling the kettle when boiling water – £11.

Doing all these things over the course of a year could save around **£191**.

These savings figures are based on the April 2022 energy price cap of £1,971. In October 2022 the price cap will increase to £3,549. This 80% price rise will similarly INCREASE THE ABOVE ENERGY SAVINGS.

Thermal Imaging

**Thame
Green
Living**



Here's a thermal image of a leaky door - the cold areas show as dark blue.

Action to cut the draughts and improve wall insulation could fix this problem.



This image shows heat leaking from window "trickle vents". Cold air will be drawn in elsewhere to replace this loss!



Thermal images show where heat is leaking from a building.

They are best taken on a cold day, at least 10 degrees C colder outside than inside.

Warm areas show orange, cold areas blue.

Cosy Thame



***Will you be wasting energy
heating the street this winter?***

***Find out how thermally
efficient your home is.***

***Register your interest here for a
thermal snapshot this November.***

Are you concerned about: **Soaring energy prices?**
Phasing out gas or oil boilers? Climate change?

Are you thinking about a warmer, more efficient home, but not sure where to start? We can help you work out what questions to ask an architect or builder and how to assess what's needed.

Low Carbon Oxford North's **Housewarming programme** can help you with clear, detailed information and support. Find out more about eco-renovation to cut your energy use and costs, reduce your carbon footprint and future proof your home. We are an independent charity with no commercial links.



Image: Pixel-Shed/Shutterstock.com

Great free guides
available here

Scan the QR code



Low Carbon Oxford North have produced six Housewarming Guides for those who may be considering upgrading their homes:

- H1: Taking Stock
- H2: Insulation
- H3: Windows and Doors
- H4: Draughts and Ventilation
- H5: Heating and Controls
- H6: Preparing a Whole House Plan

Download these free from



LCON.org.uk/housewarming

What is a smart meter?



Electricity smart meter



A typical In-home Display provided with smart meters



Gas smart meter

- Smart meters measure how much gas and electricity you use, so no more estimated readings or need to submit readings yourself.
- They send this data wirelessly to your in-home display.
- They also transmit this data to the Data and Communications Company.
- It sends this to your energy company and your energy network.
- Energy networks, which manage the wires and pipes to distribute gas and electricity, use the data to improve their systems.
- Your energy company shows how you're using energy in your online account and app.

You don't have to accept a smart meter if you don't want one

Owing to data communications issues, it may take longer to get a smart meter if:

- You live in a rural area
- You live in a high-rise block of flats
- Your home has very thick walls
- Your gas and electricity meters are far apart

Do smart meters need wi-fi?

No. You don't need wi-fi or a broadband connection in your home to have smart meters. They communicate using a secure national wireless network used only by smart meters.

You can choose:

- how often your smart meter sends data to your gas and electricity firm whether to share your energy-use data with other organisations, for example price comparison websites
- if your supplier can use your data for sales and marketing purposes
- whether your supplier is allowed to share your energy-consumption data with other organisations
- how to access information about your energy data to get most benefit from it.

'Smart energy' features are built in and likely to provide access to the best deals in the future

6 actions to overcome the energy crisis

DELTA-EE

Thame
Green
Living⁴

1. Use less energy

73M homes equipped with connected climate controls by 2030 in Europe, giving customers ease-of-use to better programme their heating, saving energy.

90M homes signed up to an energy insights service by 2030, helping them understand their energy consumption and how to act to save energy.

2. Use a more efficient heating system

25M homes equipped with heat pumps by 2030. Heat pumps are the best types of heating systems for a household in most cases, and work even better with well insulated homes. The high upfront cost barrier can be tackled by aggressive policies and business models, such as Heat as a Service.

The time for heat pumps is NOW

Give people the tools

3. Switch to an EV

80M+ EVs on the road by 2030 in Europe
35M+ home EV chargepoints by 2030 in Europe

EVs will quickly become the most sold cars in Europe. They will help customers reduce running costs, they will maximise the use of renewable electricity and they will help improve urban air pollution. The charging infrastructure and financing models must be developed quickly to allow customers to adopt this technology as quickly as possible.

Develop the charging infrastructure to electrify transports urgently

4. Generate your own electricity

20M homes equipped with solar PV by 2030, most of which will be configured for self-consumption. This will allow customers to reduce significantly energy imported from the grid, reducing the impact of energy price spikes during crisis such as today.

Decentralise electricity production at very high scale

5. Maximise the use of self-generated electricity

2.5M residential batteries installed by 2030 in Europe, helping customers store their self-generated electricity when their demand is lower than production, therefore relying even less on the grid.

10M Home Energy Management systems installed in Europe by 2030 will help customers maximise automatically the self-consumption at a higher level, getting closer to being independent from the grid.

Influencing the timing of consumption to maximise renewables

6. Benefit from helping the grid or local energy communities

5M homes could be part of an energy community or a collective self-consumption program by 2030, sharing self-generated electricity locally.

40M homes signed up to dynamic Time-of-Use tariffs by 2030, meaning customers will favour consuming electricity when there is excess production from renewables.

>600 GW worth of residential loads by 2030 which are flexible between heating, cooling, PV, smart EV charging and batteries.

Exchange electricity within the local community